**Emergency Professionals** 

Winter 2016

# Connection

A newsletter published by Donate Life Arizona

## Heroes Saving Heroes



Firefighter and skin tissue recipient Derek Block is thankful for each moment with his wife and two daughters after being severely injured fighting a house fire in November 2014. (l to r) Heather, Madison, Brooklyn and Derek Block.

erek Block always dreamed of a career helping others. When he met his high school sweetheart and future wife Heather, he decided that as a firefighter he could pursue a service-driven career while raising a family.

Derek achieved his dream in 2005 when he was offered a position with the Phoenix Fire Department. He currently works at Phoenix Fire Station 15. Derek enjoys the fast-paced profession that allows him to serve his community. However, it nearly cost him his life on Nov. 12, 2014.

While battling a house fire, Derek and his partner went inside the building to ensure no one was trapped. Suddenly, conditions changed as winds shifted and the fire burned hotter.

Blinded by smoke and deafened by the fire's roar, Derek could not account for his partner's safety. After searching for several minutes, the men located one another and were able to escape the flames.

In just a few moments, Derek had sustained third- and fourth-degree burns on 30 percent of

his body. To save his life, doctors placed 28 skin tissue allografts on his hands, arms, legs and torso. The lifesaving tissue was generously provided by deceased donors.

In cases of severe burns like Derek's, donated skin tissue is used to dress burn sites, preventing infection and hypothermia. Donor grafts also promote healing until the recipient's body is strong enough to permanently accept grafts of its own skin.

Tissue donors offer burn victims an incredible gift in this lifesaving treatment, as there is no synthetic substitute for donated skin tissue.

Derek is now back to work full time and enjoying every moment with Heather and their two daughters, Brooklyn and Madison. He is immensely grateful to his donors and their families, whose selfless gifts saved his life.

"Donation makes such a profound impact on other people," says Derek. "I want my donor families to know how much their gifts meant to my family and me."



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## Greetings

From President and CEO, Tim Brown Donor Network of Arizona

magine receiving a gift that allowed you to participate in life's most precious moments. Do you envision playing with your children, walking your dog or catching a touchdown pass on the football field? Thanks to 883 generous donors in Arizona last year, thousands of people will receive the life-healing gift of musculoskeletal tissue donation. In fact, there were more musculoskeletal tissue recoveries performed statewide in 2015 than in any prior year. As each tissue donor can heal up to 50 lives, the ripple of this generosity could directly touch 42,250 people. When you consider the impact on the families of these recipients and their donors, the ripple expands exponentially.

Many people are unaware that donated tissue can heal lives by preventing amputation following trauma or disease. It can also help restore mobility after injuries. Musculoskeletal tissue donation has improved quality of life for many Arizonans, including Carson Palmer, Arizona Cardinals' quarterback, who received donated tissue to repair his ACL in 2006. Tissue recipients return to doing what they love, whether leading the Cardinals to a winning season, playing fetch with a furry friend or keeping up with a rambunctious toddler.



Tim Brown, pictured in a yellow jacket, poses alongside donor families and recipients at the 2016 Fiesta Bowl Parade. DNA supporters marched on Jan. 2, 2016 to honor those who have given or received the gift of life.

In addition to the lives healed by donated tissue, 165 organ donors saved 433 lives, and 1,154 ocular donors gave the gift of sight. Donation is life-changing for the recipients of this incredible gift. However, it also serves to honor a donor's wishes and continue a legacy of generosity. Knowing that a loved one gave life to others can be a source of healing for grieving families. By honoring donors and providing ongoing support to their families, DNA carries on the work of emergency professionals. We are grateful to have Arizona's outstanding first responders on our team! On behalf of DNA, I would like to thank you for all that you do to save and heal lives.

## Seeing Selflessness

hile chaos consumed Los Angeles during the 1992 riots, Detective Stephen Merrin patrolled the streets to protect innocent bystanders. As rioters broke windows and set fires, a flaming ember struck Merrin's eye, burning a hole in his cornea.

Despite damage to his vision, Merrin expected a full recovery. However, his sight was permanently impaired by a subsequent viral infection.

Merrin struggled with hampered vision for 20 years. Sunny days caused him pain. Routine tasks such as driving became nearly impossible. He decided to retire from the Los Angeles Police Department, and moved to Arizona with his wife.

In Arizona, doctors were able to suppress the virus attacking Merrin's eye. With the virus under control, he became a candidate for corneal transplant.

Merrin received a new cornea in June 2012, a selfless gift from a donor in Seattle.



Filled with gratitude, Merrin wrote to the donor's family to express his appreciation for the gift of sight. "Thanks to this man and his family, I can see my three grandchildren grow up," says Merrin.

Though Merrin no longer wears a badge, he continues to help others by sharing his story and encouraging people to register as organ, eye and tissue donors.

"I cannot express how grateful I am for the generosity of the person who made this donation. After this experience, my whole family registered as donors."

## First Responders' Role in Donation



Calvin Mosman became an organ, eye and tissue donor in May 2014 after a severe asthma attack took his life.

#### Calvin Mosman's Story

n May 18, 2014 at 4:30 a.m., Lisa Mosman drove her husband, John Mosman, to the airport. John was going to Germany on a business trip. Despite the early hour, his son Calvin and daughter Moxie insisted on accompanying him to the airport to say goodbye.

Before John departed, Calvin hugged him tightly in the brisk morning air. John did not know this was the last moment he would see Calvin alive.

The next morning, Calvin suffered a devastating asthma attack. Lisa rushed to get dressed so she could take Calvin to

the hospital. Seconds later, she found her little boy unconscious.

When the Whetstone Fire Department arrived, first responders assumed care of Calvin and were able to revive him.

However, on May 21, 2014, Calvin was declared brain-dead at Banner – University Medical Center Tucson. In honor of his giving spirit, Lisa and John chose to donate Calvin's organs, eyes and tissues.

Without the dedicated care provided by first responders, Calvin may not have been able to share life through donation.

#### Intubation and Documentation

Steps taken by first responders are critical to ensuring the potential for organ, eye and tissue donation, should the patient pass away. Two important factors are airway control and documentation.

Airway control protects the lungs from infection and injury, and keeps a patient well-oxygenated. Organs deteriorate rapidly when deprived of oxygen, often causing irreversible damage. Lungs are prone to infection from aspiration during resuscitative efforts, leading to poor oxygenation for the entire body. By protecting and managing the patient's airway, paramedics increase the potential for lifesaving donations.

Clarity in documenting resuscitative efforts performed on a patient is also essential, should the possibility of donation arise. Clear documentation of down time, ACLS protocols, and medications and fluids that have been administered helps Donor Network of Arizona (DNA) accurately evaluate a donor's potential to save and heal lives.

It is also helpful to document the name and unit number of the lead paramedic, in case questions arise that require further clarification.

According to DNA's Vice President of Clinical Services PJ Geraghty, "The role of first responders is just as important as anyone else's in the donation process."

"The work of first responders has a direct impact on whether donation is a possibility."

PJ Geraghty, Vice President of Clinical Services

"We routinely look to EMS runsheets to explain the circumstances around the event and initial medical treatment the donor received."

DNA is working on a system to update first responders when a patient they cared for has become a donor. If a report includes first responders' information, DNA informs the crew about how its work has transformed lives.

#### Calvin's Legacy

Calvin's gift saved four lives, gave sight to two people and restored mobility to several others.

"Knowing he was able to help people is what gets us through so many of the worst moments. His heart is still beating.His eyes are still seeing. Other people are healthy and alive.That's what Calvin would have wanted."

John Mosman, Donor Father



A memorial to 9-year-old donor Calvin Mosman hangs on the wall of the Whetstone Fire Department.



#### Want to save and heal lives?

Register as an organ, eye and tissue donor today at DonateLifeAZ.org!

Emergency Medical Service & Fire Departments	July - Dec. 2015 *Total Organ, Eye and Tissue Donors
Air Evac Services Inc.	3
Ajo Ambulance	1
Air Medical	2
Arizona Ambulance Transport	2
Avondale Fire Department	2
Avra Valley Fire Department	1
Bisbee Fire Department	1
Buckeye Valley Fire Department	2
Bullhead City Fire Department	4
Camp Verde Fire District	1
Care Flight	2
Casa Grande Fire	3
Chandler Fire Department	13
Daisy Mountain Fire Department	1
Drexel Heights Fire District	1
Gila River Emergency Services	1
Gila River Fire Department	1
Gilbert Fire Department	7
Glendale Fire Department	9
Golder Ranch Fire Department	3
Goodyear Fire Department	4
Guardian Medical Transport	2
Healthcare Innovations	3
Life Line Ambulance Services	7
Maricopa Fire Department	1
Mayer Fire Department	2
Mesa Fire Department	19
Mountain Vista Fire District	1

Emergency Medical Service & Fire Departments	July - Dec. 2015 *Total Organ, Eye and Tissue Donors
Nogales Fire Department	1
Northwest Fire Department	5
Payson Fire Department	1
Peoria Fire Department	2
Phoenix Fire Department	89
Picture Rocks Fire District	1
Pine Top Fire Department	1
PMT	18
Prescott Fire Department	2
Queen Creek Fire Department	1
River Medical Inc.	8
Rural Metro	29
Salt River Fire Department	3
Scottsdale Fire Department	6
SEAZ Fry Fire	3
Sedona Fire Department	1
Show Low EMS	1
Sierra Vista Fire Department	3
Southwest Ambulance	7
St. John's EMS-Fire Station	1
Sun City Fire Department	1
Sun Lake Fire Department	1
Surprise Fire Department	11
Surprise Fire-Medical Department	4
Tempe Fire Department	5
Tubac Fire Department	1
Tucson Fire Department	30
Verde Valley Fire Department	1

<sup>\*</sup>These statistics reflect the number of donor cases directly impacted by EMS involvement during the given time frame.

### **2015 Donation Statistics**

165 organ donors saved 433 lives.

50 percent of Arizona donor heart valves were transplanted to pediatric patients.

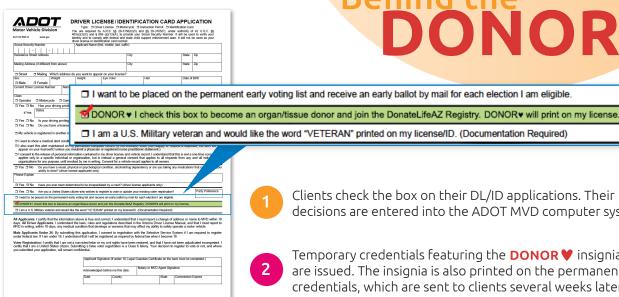
1,154 eye donors gave the gift of sight.

### DonateLifeAZ Registry

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(as of January 21, 2016)

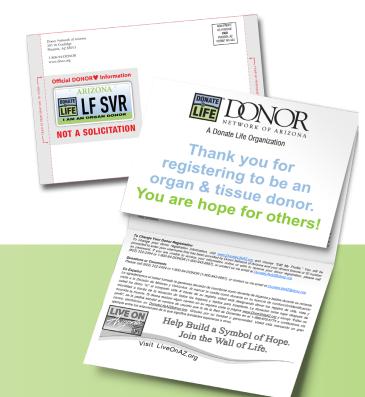
Registering to be an Organ, Eye and Tissue Donor at the Motor Vehicle Division:







- Clients check the box on their DL/ID applications. Their decisions are entered into the ADOT MVD computer system.
- Temporary credentials featuring the **DONOR** ♥ insignia are issued. The insignia is also printed on the permanent credentials, which are sent to clients several weeks later.
- Each week, the ADOT MVD computer system provides Donor Network of Arizona with the information of the clients who registered.
- Donor Network of Arizona enters new registrants into the DonateLifeAZ Registry while checking and removing duplicates and updating addresses.
- Within four to six weeks, all new registrants receive a letter from Donor Network of Arizona explaining how organ, eye and tissue donation saves and heals lives.





#### Contact Us:

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