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A Doctor's Perspective on Living Donation

Although most health care professionals are stalwart advocates of donation, few have personal experience with its life-healing power. Dr. Harry Alberti of HonorHealth Scottsdale Thompson Peak Medical Center is one of those few.

In the 1960s, Alberti's mother contracted hepatitis C from a blood transfusion. She dealt with extreme fatigue as a consequence of her illness for years, as she couldn't tolerate the standard drug therapy used to treat hepatitis at that time. In the early 2000s, her liver began to fail.

Her best option was a living donor. After consulting with his family, Alberti decided to get tested to see if he would be a match. To his joy, he was a suitable candidate to donate part of his liver to his mother.

"It was great to find out that I was able to do this," says Alberti. "My mother was grateful, although she initially did not want me to do it. I just wanted to do something for her because she had given me life."

While the surgery itself was a success, Alberti experienced medical complications and stayed in the hospital longer than anticipated. Despite the complications, Alberti maintains that the struggles were worth the result. His mother made a full recovery and left the hospital one week after the surgery. Although she later passed away from an infection, she lived seven more years due to her son's gift of life.



Dr. Harry Alberti poses with a framed photo of a news clipping describing the living donor transplant that occurred between him and his mother.

"My mother was able to see some of her grandkids graduate because of the extra seven years she got," says Alberti. "I was able to get her counsel over the phone on things happening in my life; that's something I miss now."

As a health care professional, Alberti has always been a proponent of donation. Now, as a living donor, he feels as though he has a deeper understanding of the practice and is more positive about it than ever.

"I would like to let people know that it is a great gift," says Alberti. "This was a great experience for me as it made me a better person and a better doctor with more empathy toward my patients."

Greetings

From President and CEO, Tim Brown
Donor Network of Arizona



Tim Brown walked his only daughter, Amy, down the aisle at her wedding on Saturday, April 29.

Not only was April National Donate Life Month, it was also the month my only daughter got married. Watching her grow up into such a wonderful person has made me even more aware of how donation brings out the most caring and compassionate parts of people. It affects us in ways we may not realize until these special moments in life remind us just how lucky we are. Thanks to donation, more fathers have the chance to walk their daughters down the aisle at their wedding, more husbands can celebrate their wives' birthdays, and more children can make their families proud by walking across the stage at graduation.

Here at Donor Network of Arizona, we often hear from donor families that it gives them comfort to know that the death of their loved one was not really the end, but that their memory lives on in others thanks to donation. Weddings, birthdays and other special events come with a whole host of emotions and meaning, especially to those who have lost a loved one. Thanks to the generosity and selflessness of donation, these losses

can bring forth new hope and a second chance for recipients to experience these precious moments.

Health care professionals work hard every day to assist these families in the midst of their grief. By helping in the donation process and honoring the wishes of donors and their families, you give families a source of comfort and hope in one of their worst moments.

Thank you for the work that you do to save lives, not only from us here at DNA but also from the countless families you impact every day with your meaningful work.

A handwritten signature in black ink, reading "Tim Brown".

life SAVER

Michelle Schreck

*Health Information Management
and Admitting Manager
Arizona Spine and Joint Hospital*

Arizona Spine and Joint Hospital provides a wide variety of orthopedic, spine and podiatry surgeries to Arizona residents. Michelle Schreck, health information management and admitting manager for Arizona Spine and Joint Hospital, exemplifies outstanding leadership traits.

She was more than excited to help register people to be organ, cornea and tissue donors as part of her participation in Health Care for Hope, a challenge during National Donate Life Month to register Arizonans.

Schreck organized a registration drive during April to help educate her staff on donation. Because Arizona Spine and Joint Hospital provides so many orthopedic surgeries every day to their patients, she says that it is important to put the "why" behind the tissue they use in the operating room. She feels it's vital that her staff recognize what a gift it is that people donated tissue in order to help heal the lives of others, including their patients.

"I believe being an organ donor is one of the most advantageous decisions an individual can make, and the last selfless act of paying it forward," says Schreck.

Schreck even asked Donor Network of Arizona to supply their admitting staff with promotional items and registration cards

year-round so they can register patients while doing their admitting paperwork. Her team has a goal to register a minimum of 12 new donors each year. She also organized formal education for all of her registrars so they can educate their patient population on donation. Schreck, supported by her fellow hospital leaders, is a true donation champion!



Michelle Schreck (second from left) stands with her dedicated team at Arizona Spine and Joint Hospital.

Left to right: Monica Reddig, Michelle Schreck, Anne Hedeon, Yolanda Gonzales, Tammy Vander Hoek, Michelle Armstrong

A Thankful Heart

An eight-year veteran of the United States Marine Corps, Larry Fowler had never taken a sick day until January 2016. Despite his good health, Larry is no stranger to doctors and hospitals. His father passed away from a genetic heart disease called dilated cardiomyopathy at just 37 years old, and in 2013, Larry's identical twin brother, Robert, was diagnosed with the same disease. Larry watched his brother endure a grueling time in the hospital and a three-month wait for a lifesaving heart transplant.

So when Larry's cardiologist diagnosed him with dilated cardiomyopathy in 2016, and told him he was in heart failure, he knew the seriousness of the situation. Within a month and a half of being diagnosed, Larry's heart function deteriorated rapidly and he was admitted to Mayo Clinic Hospital. He was placed on the transplant waiting list and amazingly, less than two weeks later, a heart became available.

"It was unbelievable," says Larry. "The doctors gave me the news and it was a powerful moment. My wife and I cried. We're unbelievably thankful."

The heart transplant performed in April 2016 gave this father of four kids, aged 8 to 17, a second chance at life. A few weeks after his first transplant anniversary, Larry decided to write to the family of his heart donor.

"I wanted to give them the space they needed, but I also wanted to say thank you," says Larry.



Larry Fowler (r) with his identical twin, Robert (l), and his family on the field of Chase Stadium during Donate Life Day at the Diamondbacks on Sunday, April 30.

Since his transplant, Larry actively educates the public about organ donation. He told his powerful story at Donor Network of Arizona's 30th Anniversary Blue and Green Gala in November 2016. On April 30, 2017, Larry and Robert walked onto Chase Field Stadium with other recipients and donor family members to be honored at Donate Life Day at the Diamondbacks. At the game, FOX Sports also interviewed Larry and Robert about their transplants to share with the D-backs audience. Larry considers this his way of giving back.

"I talk to people who are scared to register about my family and the fact that they're going to have a dad around for a lot longer," says Larry. "Why not register?"

Join Us for a Day of Learning!



Donor Network of Arizona (DNA) is excited to present the 2017 Donation Symposium, "Gear Up: Loading Your Donation Toolbox," an all-day conference that provides classes and educational resources tailored to meet the needs of donation partners, from nurses and emergency professionals to funeral home professionals and beyond. This year, DNA will load up your donation toolbox with all the necessary tools to help donation succeed in Arizona. DNA will host the Donation Symposium on Thursday, Aug. 24, 2017, at Desert Willow Conference Center in Phoenix.

"DNA strives to present the tools for success to these professionals because they play such an important role in the donation process," says Kristine Roberts, professional education coordinator at DNA.

Attendees will enjoy a full day of learning about tools that will help them not only do their job better but also improve outcomes for donation. Three plenary sessions are spaced throughout the day to provide insights to donation that are useful for all attendees. One session will highlight the entire donation process, and the roles that everyone can play in making donation a success. A guest speaker will review the best new technologies and innovations to save lives in another session. The last plenary session will explore new perspectives with which to view the donation process.

Tools shared at the Donation Symposium will help guests expand their view of donation, and learn how their job affects this chain of generosity. **For more information about the Donation Symposium and to register for classes, visit www.RSVPdnaz.org.**

Hospital	Organ Donors		Organ Conv. Rate	Planned Donation Rate	Deaths Reported	Referral Comp. Rate	Ocular Donors	Ocular Conv. Rate	Tissue Donors	Tissue Conv. Rate
	Total	After Circulatory Death								
Abrazo Arizona Heart Hospital	0	0	---	---	17	100.0%	0	---	3	75%
Abrazo Arrowhead Campus	1	0	100%	0%	46	100.0%	2	50%	2	33%
Abrazo Central Campus	0	0	0%	100%	68	100.0%	1	14%	1	14%
Abrazo Maryvale Campus	0	0	0%	0%	37	100.0%	4	40%	4	33%
Abrazo Scottsdale Campus	0	0	---	---	49	100.0%	1	25%	3	43%
Abrazo West Campus	4	1	44%	80%	124	100.0%	7	35%	9	38%
Arizona General Hospital	0	0	---	---	8	100.0%	0	0%	0	0%
Banner - University Medical Center Phoenix	4	1	50%	83%	199	100.0%	4	25%	7	28%
Banner - University Medical Center South Campus	0	0	0%	100%	56	100.0%	2	40%	2	33%
Banner - University Medical Center Tucson	8	2	73%	100%	210	99.5%	20	63%	22	55%
Banner Baywood Medical Center	0	0	---	---	124	100.0%	4	44%	5	31%
Banner Boswell Medical Center	0	0	---	---	104	100.0%	3	50%	4	50%
Banner Casa Grande Regional Medical Center	0	0	---	---	49	100.0%	2	25%	2	22%
Banner Del E. Webb Medical Center	0	0	0%	100%	97	100.0%	1	33%	4	44%
Banner Desert Medical Center	3	1	50%	80%	194	99.5%	9	45%	9	47%
Banner Estrella Medical Center	1	1	100%	100%	72	98.6%	1	13%	1	7%
Banner Gateway Medical Center	0	0	---	---	50	100.0%	0	0%	0	0%
Banner Goldfield Medical Center	0	0	---	---	7	100.0%	2	50%	1	33%
Banner Heart Hospital	0	0	---	---	45	100.0%	3	60%	3	50%
Banner Ironwood Medical Center	0	0	---	---	11	100.0%	0	0%	0	0%
Banner Page Hospital	0	0	---	---	5	100.0%	0	---	1	100%
Banner Payson Medical Center	0	0	---	---	6	100.0%	0	0%	0	---
Banner Thunderbird Medical Center	2	0	100%	100%	158	100.0%	4	36%	6	40%
Benson Hospital	0	0	---	---	8	100.0%	0	---	1	100%
Canyon Vista Medical Center	0	0	---	---	29	100.0%	0	0%	0	0%
Carl T. Hayden VA Medical Center	0	0	---	---	18	100.0%	1	100%	0	0%
Carondelet Holy Cross Hospital	0	0	---	---	4	100.0%	0	0%	0	0%
Carondelet St. Joseph's Hospital	0	0	---	---	139	100.0%	5	71%	4	40%
Carondelet St. Mary's Hospital	0	0	---	---	97	100.0%	4	57%	5	45%
Casa De La Paz	0	0	---	---	33	100.0%	0	0%	0	0%
Chandler Regional Medical Center	4	0	67%	100%	148	99.3%	13	57%	12	46%
Chinle Comprehensive Health Care Facility	0	0	---	---	33	100.0%	0	0%	0	0%
Cobre Valley Community Hospital	0	0	---	---	11	100.0%	0	0%	0	0%
Copper Queen Community Hospital	0	0	---	---	3	100.0%	0	---	0	---
Cornerstone Hospital of Southeast Arizona	0	0	---	---	2	100.0%	0	---	1	100%
CTCA at Western Regional Medical Center	0	0	---	---	3	100.0%	0	---	0	---
Flagstaff Medical Center	1	0	33%	100%	84	100.0%	5	56%	3	30%
Florence Hospital at Anthem	0	0	---	---	10	100.0%	2	100%	3	100%
Gilbert Hospital	0	0	---	---	5	100.0%	1	100%	1	100%
Green Valley Hospital	0	0	---	---	12	100.0%	1	100%	0	---
Havasu Regional Medical Center	0	0	---	---	50	100.0%	2	100%	1	33%
HealthSouth East Valley Rehabilitation Hospital	0	0	---	---	0	---	0	---	0	---
HealthSouth Rehab Hospital of Southern Arizona	0	0	---	---	1	100.0%	0	---	0	---
HealthSouth Rehabilitation Hospital of Tucson	0	0	---	---	0	---	0	---	0	---
HealthSouth Scottsdale Rehabilitation Hospital	0	0	---	---	1	100.0%	0	---	0	---
HealthSouth Valley of the Sun Rehabilitation Hospital	0	0	---	---	0	---	0	---	0	---
HonorHealth Deer Valley Medical Center	4	3	100%	100%	70	98.6%	8	44%	9	47%
HonorHealth John C. Lincoln Medical Center	3	2	60%	100%	124	100.0%	12	63%	14	67%
HonorHealth Scottsdale Osborn Medical Center	4	2	67%	100%	126	99.2%	7	50%	8	53%
HonorHealth Scottsdale Shea Medical Center	0	0	---	---	107	100.0%	4	50%	3	43%
HonorHealth Scottsdale Thompson Peak Medical Center	0	0	---	---	25	100.0%	1	50%	1	33%
Hopi Health Care Center	0	0	---	---	3	75.0%	0	---	0	---
Hu Hu Kam Memorial Hospital	0	0	---	---	0	---	0	---	0	---
Kindred Hospital - Northwest Phoenix	0	0	---	---	4	100.0%	0	---	0	---
Kindred Hospital - Phoenix	0	0	---	---	3	100.0%	0	---	0	---

Hospital	Organ Donors		Organ Conv. Rate	Planned Donation Rate	Deaths Reported	Referral Comp. Rate	Ocular Donors	Ocular Conv. Rate	Tissue Donors	Tissue Conv. Rate
	Total	After Circulatory Death								
Kindred Hospital - Tucson	0	0	---	---	4	100.0%	0	---	0	---
Kingman Regional Medical Center	0	0	0%	100%	74	100.0%	2	67%	3	43%
La Paz Regional Hospital	0	0	---	---	9	100.0%	1	33%	0	0%
Little Colorado Medical Center	0	0	---	---	7	100.0%	0	---	0	---
Maricopa Medical Center	4	0	80%	100%	71	98.6%	3	50%	2	33%
Mayo Clinic Hospital	1	0	100%	---	53	100.0%	2	50%	1	25%
Mercy Gilbert Medical Center	0	0	---	---	58	100.0%	4	57%	6	67%
Mount Graham Regional Medical Center	0	0	---	---	22	100.0%	0	0%	1	33%
Mountain Vista Medical Center	1	0	33%	100%	61	100.0%	5	42%	5	36%
Northern Cochise Community Hospital	0	0	---	---	8	100.0%	1	100%	0	0%
Northwest Medical Center	3	1	100%	100%	93	100.0%	4	80%	6	67%
Northwest Medical Center - Oro Valley	0	0	---	---	31	100.0%	1	33%	0	0%
Phoenix Children's Hospital	5	3	71%	80%	33	100.0%	1	25%	2	33%
Promise Hospital of Phoenix	0	0	---	---	20	100.0%	0	0%	1	25%
Quail Run Behavioral	0	0	---	---	0	---	0	---	0	---
Sage Memorial Hospital	0	0	---	---	4	100.0%	0	0%	0	0%
Select Specialty Hospital - Phoenix	0	0	---	---	15	100.0%	0	0%	0	---
Select Specialty Hospital - Phoenix Downtown	0	0	---	---	4	100.0%	0	0%	0	0%
Select Specialty Hospital - Scottsdale Osborn	0	0	---	---	0	---	0	---	0	---
St. Joseph's Westgate Medical Center	0	0	---	---	5	100.0%	1	100%	1	100%
St. Joseph's Hospital & Medical Center	4	2	44%	86%	152	100.0%	11	61%	11	48%
St. Luke's Medical Center	2	0	100%	100%	25	96.2%	1	20%	2	40%
Summit Healthcare Regional Med Center	0	0	0%	---	17	100.0%	1	33%	0	0%
Tempe St. Luke's Hospital	0	0	0%	100%	12	100.0%	2	40%	1	14%
Tséhootsooi Medical Center	0	0	---	---	18	100.0%	0	0%	0	0%
Tuba City Regional Health Care	0	0	---	---	20	100.0%	0	0%	0	0%
Tucson Medical Center	0	0	0%	100%	135	100.0%	5	50%	6	50%
USPHS - San Carlos Indian Hospital	0	0	---	---	1	100.0%	0	---	0	---
USPHS - Sells Indian Hospital	0	0	---	---	3	100.0%	0	0%	1	50%
USPHS - Whiteriver Indian Hospital	0	0	---	---	3	100.0%	0	---	0	---
USPHS Parker Indian Hospital	0	0	---	---	4	100.0%	0	---	0	---
USPHS Phoenix Indian Medical Center	0	0	---	---	1	100.0%	0	---	0	---
VA Medical Center - Prescott	0	0	---	---	28	100.0%	0	0%	0	0%
VA Medical Center - Tucson	0	0	---	---	75	100.0%	1	25%	0	0%
Valley View Medical Center	0	0	---	---	18	100.0%	1	25%	1	25%
Verde Valley Medical Center	1	0	100%	100%	43	100.0%	0	0%	1	20%
Western Arizona Regional Medical Center	0	0	---	---	59	100.0%	4	33%	3	27%
White Mountain Regional Medical Center	0	0	---	---	1	100.0%	0	---	0	---
Wickenburg Community Hospital	0	0	---	---	4	100.0%	0	---	0	---
Yavapai Regional Medical Center - East	0	0	---	---	22	100.0%	3	75%	3	75%
Yavapai Regional Medical Center - West	1	0	100%	---	67	100.0%	6	67%	7	54%
Yuma Regional Medical Center	0	0	0%	0%	177	100.0%	8	44%	14	47%
Yuma Rehabilitation Hospital	0	0	---	---	0	---	0	---	0	---

Deaths Reported

The number of patient deaths that occurred at a hospital

Ocular Conversion (Conv.) Rate

The number of ocular donors who were recovered expressed as a percentage of patients who are medically suitable for ocular donation

Organ Conversion (Conv.) Rate

The number of organ donors who were recovered for transplant expressed as a percentage of patients who are medically suitable and brain dead

Organ Donors After Circulatory Death

Organ donors from whom an organ was recovered after being declared dead by cardio-respiratory criteria

Organs Per Donor

Number of organs recovered for the purposes of transplantation

Organ Potential Rate

The number of organ donors that were recovered for transplant expressed as a percentage of patients who are medically suitable regardless of brain death declaration

Planned Donation Rate

The percentage of organ donation conversations that follow hospital policy and the plan for each case as agreed upon by Donor Network of Arizona (DNA) and the healthcare team

Referral Compliance (Comp.) Rate

The percentage of deaths that were referred to DNA

Tissue Conversion (Conv.) Rate

The number of tissue donors who were recovered expressed as a percentage of patients who are medically suitable for tissue donation

Donor Program Development

Donor Program Development (DPD) at Donor Network of Arizona (DNA) is a small department with big responsibilities. The 16 DPD coordinators work with each of Arizona's 120 hospitals.

DPD educates hospital staff about donation, provides real-time customer service to medical units involved in the process and provides compliance updates on national donation standards. According to DPD Manager Patricia Pace Anderson, the main purpose of the department can be summed up in one word: relationships.

"Relationships are the foundation of DPD," says Pace Anderson. "They strengthen the donation process for our hospital partners and help us ensure that everything runs smoothly."

One of the most important ways that DPD builds and maintains positive relationships with hospitals is through constant education that is tailored to specific departments. "For example, one of the things that some people are not aware of is that cancer patients can still be donors," says Pace Anderson.

Relationships and education are invaluable when coordinators are involved in a donation case at a hospital. Their job is to ensure the process goes as planned, and they work with many different doctors and nurses.

These strong relationships enable DPD coordinators to act as a bridge between the hospital and DNA.

As for the future of DPD at DNA, Pace Anderson enjoys seeing the coordinators

grow confident in their roles as they gain experience on the job. The one question that is always on everyone's mind is, "What can we do better?"



Donor Program Development Coordinator Keely Hansen mans the registry table at an event at HonorHealth Deer Valley Medical Center.

Organ Donation

	2016		2017 (Jan. - March)	
	Trauma Centers	All Other Hospitals	Trauma Centers	All Other Hospitals
Organ Donors	132	93	41	20
Organ Donors After Circulatory Death	26	23	13	6
Organ Potential Rate	50.4%	54.7%	58.7%	54.8%
Organ Conversion Rate	76.7%	76.2%	78.6%	73.9%
Organs Per Donor	3.60	2.67	3.00	2.65

Ocular & Tissue Donation

	2016		2017 (Jan. - March)	
	Trauma Centers	All Other Hospitals	Trauma Centers	All Other Hospitals
Ocular Donors	301	567	83	121
Ocular Conversion Rate	42.2%	45.3%	51.6%	40.3%
Tissue Donors	271	453	90	143
Tissue Conversion Rate	38.7%	38.7%	45.9%	36.9%

Donation Overview

	2016		2017 (Jan. - March)	
	Trauma Centers	All Other Hospitals	Trauma Centers	All Other Hospitals
Deaths Reported	4,787	11,494	1,275	3,080
Referral Compliance Rate	99.1%	99.5%	99.7%	99.8%

*Donation terms defined on previous page



Words from a Donor Family

On May 23, 2012, Celeste Machiche sustained a traumatic brain injury. Just four weeks prior, at age 20, she had registered as an organ, cornea and tissue donor. After death, she gave a second chance at life to four other people and healing to countless more.

Just 20 years earlier, Machiche's grandfather received a kidney from a young man who had also passed away in a vehicle crash. Her family believes that Machiche took that act of generosity to heart when she registered as a donor.

Her only sibling, Michelle Montijo, shared the impact her sister created through her generosity with health care professionals on May 19.

"Celeste believed in the good of people, in generosity, in motivating others and in listening with a gentle and non-judgmental spirit. She freely shared her infectious smile, positive attitude and gave the best of herself always.

I am proud to say Celeste's preparation and mature choice has helped in our journey of grief. Celeste's decision minimized our guilt and fear, and we didn't have to question if donation was the right choice.



Michelle Montijo and her daughter, Mia (l), and Pablo and Mary Machiche (r) celebrate Celeste's memory.

In spite of our indescribable heartache, we were able to grasp onto hope, something we so desperately needed at a time when we felt like all hope was lost. One of the greatest fears of a grieving family is that their loved one will be forgotten, and that their name will no longer be said. In knowing she gave life to others, Celeste's name and love lives on.

As you return to your workplace, may you be reminded that your commitment to donation affects those around you, and every action you and your team take matters. By ensuring donation protocol is followed, that your patients and families are treated with dignity and respect, and ensuring a patient's authorization to be a donor is communicated to Donor Network of Arizona, you too will give grieving families the gift of peace.

Your actions, just like my sister's, are profoundly important, allowing the opportunity to spread love and generosity through donation. On behalf of myself, my family and our Celeste, we thank you for your dedication to this work. May you be inspired by Celeste and the many other donors to continue to make a difference in people's lives by your continued support of organ, cornea and tissue donation."



Michelle Montijo (r) remembers Celeste Machiche (pictured) with her family. Her sister always loved wearing red chucks and spreading her happiness freely.



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REGISTER TO BE
AN ORGAN,
CORNEA &
TISSUE DONOR

DonateLifeAZ.org
1-800-94-DONOR

calendar of events

July 9 - 22

Every Community Has Opportunity (ECHO)

August

Campus Challenge

www.YourOrgansLiveOn.org

Aug. 24

Donation Symposium

Kristine.Roberts@dnaz.org

October

High School Challenge

Ashley.Espinoza@dnaz.org

Dec. 30

Fiesta Bowl Parade

DonateLifeAZ Registry



(As of June 14, 2017)